

EXPERTISE

BETSY KOEPKE, PSYCHOLOGIST, PERFORMANCE COACH

MASTER'S DEGREE IN EDUCATIONAL PSYCHOLOGY

University of Minnesota

SPECIALIST CERTIFICATE IN EDUCATIONAL PSYCHOLOGY

University of Minnesota

BACHELOR'S DEGREE IN PSYCHOLOGY

University of Wisconsin-Madison

CERTIFICATE OF WOMEN'S STUDIES

University of Wisconsin-Madison

ROBBINS RESULTS INTERNATIONAL TRAINED COACH

Betsy was trained by Hollywood Voice and Performance Coach, Roger Love, as well as Expert Storyteller to the stars, Bo Eason, to create energizing and engaging presentations designed to spark your people into inspired action.

CONTACT

To inquire about having Betsy speak to your audience or lead a workshop email

BookBetsyNow@gmail.com or call
612-405-8836



Personal Bio

Betsy Koepke, ambitious entrepreneur, wife, and mother of two, has accumulated a wealth of secrets and strategies for how to live with passion and purpose while at the same time maintaining balance in all areas of life. Her mission is to empower and inspire people to step into their greatness so that they can thrive rather than just survive.

The roads that she has traveled have included a brief stint in Hollywood, living in the woods of Virginia with a group of teenage girls, hiking the Appalachian Trail, studying in London, and trekking through Southeast Asia. Her committed practice to yoga and meditation as well as her lifelong study of psychology, anthropology, astronomy, world religions, mythology, education, and philosophy have led Betsy to understand that we truly are living in an east meets west world. Ancient wisdom combined with modern scientific research point to one common understanding....the human mind and psyche are the underlying forces behind who we are, how we feel, and how we behave.

Most Popular Keynote Talks

Re-Wire: 6 Simple Steps to Shift From Surviving to Thriving
Empowering Women to Their Greatness
Empowering Educators to Their Greatness
10 Reasons to Adopt a More Minimalistic Lifestyle

Most Sought After Workshops

The 8 M's of Life & Work Mastery Mindfulness Program
Leadership Laws to Improve Work Climate
Align Your Team for Optimum Success
Wonder Woman in the Workplace
Mindset Manifesto

In addition to her Keynote Speaking and Professional Development Workshops, Betsy Koepke, Inc hosts private retreats for individuals who want to dive deeper into personal growth that supports creating balance in all areas of life. Topics include ***Defining Your Purpose, Money Mindset, Nurtured by Nature***, and a ***Couples Connection*** retreat that she co-facilitates with her husband, Tyler.